

NOTTINGHAM CASUALS

Minis Rugby Open Days

Come along and have a go

Give it a TRY!

Welcomes Boys and Girls aged 5 to 12 to our FREE Rugby open day in Beeston on **Sunday 9th & 16th Sept 10 till 11:30am**

The club welcomes all children between Foundation & Year 7 to play and learn Rugby. Up to Year 3/Under 8s the kids play "Tag Rugby", which is a non contact fun game played by 10,000s of children up and down the country. Year 4/Under 9s onwards they learn 'tackling' Rugby, but this taught in safe and fun way.

BBQ on both days plus FREE Burger for all kids!!!

Nottingham Casuals is a friendly and family oriented club. All coaches trained & CRB checked. For more info see our website.

Canalside, Meadow Road, Beeston Rylands, NG9 1JQ

(See website for exact location)

Refreshments/Kit: Please bring a drink, there will be hot/cold drinks & food available from the clubhouse. Football kit fine.

Interested? For more information phone:

Bryn Lewis on 07971009354

www.nottinghamcasuals.org.uk

(Look for "Minis")



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